

# **British Aikido Association**

# Seminar





Bob Jones, 8th Dan

Phil Bird, 6th Dan

# **BAA Spring School**

Two day course, hosted at the Winchester Judo & Martial Arts Club.

#### **Course content**

- Dai Ni
- Tanto randori including session on new rules
- Traditional Aikido relationship to Sport Aikido especially around open kata
- Basic principles explained
- Sunday Kyu & Dan Grading (to 3rd Dan)

#### **Date**

Sat 24th & Sun 25th May. 10am to 5pm.

## Coaches

- **Bob Jones**, 8th Dan
- Phil Bird, 6th Dan
- Tony Davis, 7th Dan
- Ron Wildly, 4th Dan

## **Course fees**

- 2 Days : Adults £25. Juniors £12.50
- 1 Day: Adults £15. Juniors £7.50
- Standard Dan Grading fees apply.

#### Venue

Winchester Judo & Martial Arts Club Lido Sports Centre, Hyde Church Lane Winchester, SO23 7DZ

## For more information

Francis Burgess 07734 325 838 <u>francisdburgess@hotmail.com</u>