

## **6.0 Adult Grading Syllabus Dan**

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1 Dan – Black	Randori-no-Kata	Complete (17)	
Timescale:	Koryū-dai-San	Sections (24)	
1 year consistent	Koryū-dai-Yon	Complete (14)	
practice as 1 Kyu	Randori -no-kata-no ura - waza	Complete (10)	
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	Previous syllabus as required at the discretion of examining panel		
	Randori: a minimum of two bouts of tanto hikitategeiko & two bouts of toshu hikitategeiko.		
	Two bouts of <b>tanto hikitategeiko</b> which must demonstrate knowledge and application of <b>kaeshi waza</b> (5 atemi waza counter technique, shomen-ate, aigamae-ate, gyakugamae-ate, gedan-ate & ushiro-ate) when in the role of <b>tanto</b> . <b>Toshu</b> must demonstrate the use of combination of techniques and applications from the junanahon/17 basic techniques against <b>tanto</b> .		
	Two bouts of <b>toshu hikitategeiko</b> (empty hand randori) which must demonstrate a knowledge and application of the 17 junanahon in combination and as counter technique in its performance.		
2 Dan – Black	Tanto Randori no Kata	Complete (17)	
Timescale:	Koryu-dai-San	Sections (34)	
2 years	Koryu-dai -Yon	Complete (25)	
consistent	Randori -no-kata-no ura - waza	Complete (10)	
practice as 1 Dan	D : " !		
	Previous syllabus as required at the discretion of examining panel		
	Randori: a minimum of two bouts of tanto hikitategeiko & two bouts of toshu hikitategeiko.		
	Requirement: Two bouts of <b>tanto hikitategeiko</b> which must demonstrate knowledge and application of <b>kaeshi waza</b> (5 atemi waza counter technique, shomen-ate, aigamae-ate, gyakugamae-ate, gedan-ate & ushiro-ate) when in the role of <b>tanto</b> . <b>Toshu</b> must demonstrate the use of combination techniques against <b>tanto</b> .		
	Two bouts of <b>toshu hikitategeiko</b> which must demonstrate a knowledge and application of the 17 junanahon in combination and as counter technique in its performance.		



Randori no Kata	From Katate Tori /single wrist grip (17)	
Koryū-dai-San Koryū-dai-Yon	Complete (50) Complete (25)	
Previous syllabus as required at the discretion of examining panel		
Randori: a minimum of two bouts of tanto hikitategeiko & two bout of toshu hikitategeiko.		
Requirement: Two bouts of <b>tanto hikitategeiko</b> which must demonstrate knowledge and application of <b>kaeshi waza</b> (5 atemi waza counter technique, shomen-ate, aigamae-ate, gyakugamae-ate, gedan-ate & ushiro-ate) when in the role of <b>tanto</b> . <b>Toshu</b> must demonstrate the use of combination techniques against <b>tanto</b> .		
Two bouts of <b>toshu hikitategeiko</b> which must demonstrate a knowledge and application of the 17 junanahon in combination and as counter technique in its performance.		
	Koryū-dai-San Koryū-dai-Yon  Previous syllabus as required at to Randori: a minimum of two bouts hikitategeiko.  Requirement: Two bouts of tanto knowledge and application of kae technique, shomen-ate, aigamaeushiro-ate) when in the role of tanto combination techniques against to Two bouts of toshu hikitategeiko and application of the 17 junanahe	



#### 4 Dan - Black

Timescale: 4 years consistent practice as 3 Dan

### Grading Syllabus Alternative Pathways (Modules A & B)

All candidates and examiners must ensure that the Koryu opted for at each grading level for Module A is duly recorded in the candidates record book. Examiners are required to record this information on the grading form of successful candidates sent to the *Qualifications and Standards Officer (QSO)*.

Previous syllabus as required at the discretion of examining panel

### **Module A : Koryu Requirment**

Randori no Kata (tanto or toshu) complete (17) Koryu dai San complete (50)

Candidates will choose to present one koryu no kata from the following: Koryu dai Ichi : Koryu dai Ni : Koryu dai Go : Koryu dai Roku

or:

#### **Module B : Goshin ho requirement**

A. 8 techniques from Tegatana no Kuzushi Jodan no Kuzushi (Aigamae-Ushiro Ate, Gyakugamae-Ushiro Ate) Chudan no Kuzushi (Aigamae-Oshi Taoshi, Gyakugamae-Hiki Taoshi) Gedan no Kuzushi (Aigamae-Kote Gaeshi, Gyakugamae-Kote Gaeshi) Koho no Kuzushi (Oshi Taoshi, Ushiro Ate)

- B. Goshin Ho, Tekubi Dori Aigamae Katate Dori (Shomen Ate, Gedan Ate) Gyakugamae Katate Dori (Shomen Ate, Aigamae Ate, Gyakugamae Ate)
- C. Goshin Ho, Datotsushu no Waza (against strikes, punches and kicks) Shomen Uchi (Aigamae Ate, Oshi Taoshi) Yokomen Uchi (Aigamae Ate, Tenkai Kote Gaeshi) Shomen Tsuki (Kote Gaeshi) Mae Geri (Shomen Ate)

#### **Common Elements**

Randori: a minimum of two bouts of tanto hikitategeiko & one bout of toshu hikitategeiko.

Requirement: Two bouts of **tanto hikitategeiko** which must demonstrate knowledge and application of **kaeshi waza** (5 atemi waza counter technique, shomen-ate, aigamae-ate, gyakugamae-ate, gedan-ate & ushiro-ate) when in the role of **tanto**. **Toshu** must demonstrate the use of combination techniques against **tanto**.

Two bouts of **toshu hikitategeiko** which must demonstrate a knowledge and application of the 17 junanahon in combination and as counter technique in its performance.



5 Dan – Black Timescale: 5 years consistent practice as 4 Dan	Grading Syllabus Alternative Pathways (Modules A & B)  All candidates and examiners must ensure that the Koryu opted for at each grading level for Module A is duly recorded in the candidates record book. Examiners are required to record this information on the grading form of successful candidates sent to the Qualifications and Standards Officer (QSO).  Previous syllabus as required at the discretion of examining panel		
	Randori: Randori	at the discretion of examining panel or demonstration of an understanding of or current referee accreditation of candidate	
6 Dan – Black	Koryū-dai-Roku	Sections A, B, C (22)	
Timescale: 6 years consistent practice as 5 Dan	Goshin-ho	'Three methods of breaking balance' using Datsuryoku, Tegatana and Kaiten (10)	
	Previous syllabus as required at the discretion of examining panel		
	Randori: Randori	at the discretion of examining panel or demonstration of an understanding of or current referee accreditation of candidate	
7 Dan – Black	Koryū-dai-Roku	Complete (39)	
Timescale:	Goshin-ho	Complete (57)	
7 years consistent practice as 6 Dan	Previous syllabus as required at the discretion of examining panel		

- \* Randori-no-Kata alternatively termed Junanahon in the Japan Aikido Association syllabus
- \* Koryū-dai-San alternatively termed Goshin-no-Kata in the Japan Aikido Association syllabus
- \* Koryū-dai-Yon alternatively termed Nage-no-Kata in the Japan Aikido Association syllabus