



BAA Risk Assessment Guidance (including COVID-19 considerations)

Risk Category	Description	Control Measure
Indoor Premises	<ul style="list-style-type: none">• Access to the Building• Registration/Signing in/Tracking all people in attendance• Spread of Infection• Changing Rooms/Toilets	<ul style="list-style-type: none">• Set procedures in place to minimise social contact.• Signage in place to explain processes.• Ensure every person who enters the building has registered/Signed in, to enable tracking of the virus if anyone attending tests positive.• All those in attendance must thoroughly wash hands/use sanitizer, as per government guidelines on arrival.• Ensure all members, parents and spectators are aware of the social distancing protocol/guidance, using Toilets and Changing rooms in advance of the session.• The wearing of face coverings is encouraged but at this stage not compulsory, please refer to current Government Guidance.• If changing rooms are closed and cannot be used come to the dojo ready changed, students should refrain from travelling on public transport in their Gi. Bring additional dojo tabi socks and a facemask.• Participants to arrive already changed and avoid changing rooms if possible.• Ensure signage is in place to enforce these measures.• Ensure appropriate ventilation in the room.



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Outdoor Training	<ul style="list-style-type: none"> • Surfaces & Equipment (Doors/Tables/Chairs/ Coaching Props) • Inclement or adverse weather conditions • Social Distancing • Playing surface 	<ul style="list-style-type: none"> • Maintain social distancing both on and off the mat area. • Ensure all Doors/Handles/Tables/Chairs & any equipment used are thorough cleaned before and after every session. • A decision will be made by organiser if weather conditions are prohibitive to the safety of the participants or the structure of the equipment. • Ensure all participants can adhere to the government guidelines for social distancing throughout all of the session. • Ensure the activity is appropriate for the playing surface, adapted to ensure safety throughout, no throwing unless using a dummy/prop. • Non-contact throughout unless from same household. • Inspect area and clear of any potential hazards. • If changing rooms are closed and cannot be used come to the dojo ready changed, students should refrain from travelling on public transport in their Gi. Bring additional dojo tabi socks and a facemask. • Maintain social distancing both on and off the mat area.
Mats & Equipment	<ul style="list-style-type: none"> • Access to mat spaces clear and free of hazards • Ratio of practitioners to area available • Safety Zone around mats • Spread of infection 	<ul style="list-style-type: none"> • Mats to be laid by designated centre staff/volunteers who are aware of safe manual handling and kinetic lifting techniques and wearing recommended PPE, disposed of in a provided pedal bin. • Ensure mats are thoroughly cleaned prior to starting and at the end of each session with



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		<p>Government recommended products, allowing for enough time for them to completely dry.</p> <ul style="list-style-type: none"> • An inspection is carried out to ensure the mats are completely dry and there are no gaps or signs of damage. • Ensure all Doors/Handles/Tables/Chairs & any equipment used are thoroughly cleaned before and after every session.
Staff & Students	<ul style="list-style-type: none"> • Numbers and abilities of students • Spread of infection 	<ul style="list-style-type: none"> • Create specific class times and ensure groups are consistent with bubbles established. • Classes should be pre booked / by invitation with correct contact details for all students/coaches attending to adhere to the test and trace protocols and mat size for social distancing. • The BAA encourages the establishment of online payment for sessions to reduce cash handling. • Medical advice is clear: contacts of a person who has tested positive for coronavirus (COVID-19) must self-isolate at home because they are at risk of developing symptoms themselves in the next 14 days and could spread the virus to others before the symptoms begin. If you are a contact of someone who has tested positive for coronavirus (COVID-19), and then you will be notified by the NHS Test and Trace service via text message, email or phone. If you are notified, please follow the guidance in this document closely. • All students must bring their own water and not share with others. • All students and coaches must wear footwear when not on matted area.



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		<ul style="list-style-type: none"> • All students and coaches must adhere to current good practice with regards hand washing in toilets and using sanitizer before entering mat and leaving the dojo. • Temperatures should be taken at the entrance and if any family/group member has a temperature of over 38 degrees the group will be asked to isolate for two weeks before returning. • Coaches are to remain at a one-metre plus with additional precautions (2 metres if possible) distance and have no physical contact with any member of a group.
First Aid & Student Welfare	<ul style="list-style-type: none"> • Fully stocked and accessible First Aid Kit • Accidents requiring further treatment • Spread of infection 	<ul style="list-style-type: none"> • Required to treat minor injuries, abrasions. • Cleaned and replenished after every use. • Coaches are first aid trained or training venues have qualified First Aiders on site. • First Aid incidents are recorded. • BAA Child Protection Policy (17) will be adhered to throughout all club activities. • All Coaches and Volunteers hold a current DBS and valid coaching qualification and up to date insurance. • Make it clear that anyone feeling unwell, especially with symptoms as listed in government guidelines including a high temperature or cough must not attend under any circumstances.
Activity & Risk	<ul style="list-style-type: none"> • Injuries to students - Required Break falls, Possibility of Overload • Spread of Infection 	<ul style="list-style-type: none"> • Appropriate warmup and cool down will be conducted for the session. Keeping within the individual/sectioned off mat areas. • All new participants are covered for taster sessions as part of club's Public liability insurance • Non-contact / Use of Throwing Dummies/Props,



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		<p>unless from same household.</p> <ul style="list-style-type: none">• Aikido training (on-line or physically present) will only take place under the direct supervision of a qualified and insured instructor with an up to date DBS check. For on-line training involving juniors / vulnerable adults, consent required