



British Aikido Association Dan Grade Syllabus (May 2019)

Types of promotion

(1) Promotion following examination of the technical skills of the applicant at a National Grading of the BAA.

(2) Promotion following recommendation by the Technical Committee. The recommendation is based on the candidate's dedication to training at the appropriate level of technical proficiency as assessed by the Technical Committee.

Criteria: This will be based upon their history of coaching at a high technical standard, their participation at seminars and schools and their commitment to the BAA. (Meritorious technical promotion, no technical examination required.)

(3) Honorary promotion granted to a person of unquestionable integrity who has shown exceptional dedication to aikido and the BAA. The person is selected and promoted by the Meritorious and Honorary Awards Committee of the Association.

Examination Levels

National Dan Gradings – open to all grades.

Prior to any grading the BAA shall appoint the senior examiner who in turn will approve 3/5 examiners from the Associations list of approved and qualified examiners.

Area Gradings Any 1st Dan Coach Level One can grade to any junior or youth level award and up to 2 Kyu Senior.

All results must be notified to the the *Qualifications and Standards Officer (QSO)*, using the Association Grading form. All Dan gradings are to be approved by the Technical Committee prior to certification.

Grading Syllabus Common Pathway

1st Dan

Timescale: 1 year consistent practice as 1st Kyu.

Randori no Kata* (toshu)	complete (17)
Kihon (basic) Ura Waza	complete (10)
Koryu dai San*	sections total (24): <i>suwari waza</i> (4) <i>hanza handachi waza</i> (4) <i>tachi waza</i> (8) <i>tanto dori</i> (8)
Koryu dai Yon*	section: A (14)

Randori: a minimum of two bouts of *tanto hikitategeiko* & two bouts of *toshu hikitategeiko*.

Requirement:

Two bouts of **tanto hikitegeiko** which must demonstrate knowledge and application of **kaeshi waza** (5 *ate mi waza* counter technique, *shomen-ate*, *aigamae-ate*, *gyakugamae-ate*, *gedan-ate* & *ushiro-ate*) when in the role of **tanto**. **Toshu** must demonstrate the use of combination of techniques and applications from the *junanahon*/17 basic techniques against **tanto**.

Two bouts of **toshu hikitegeiko** (empty hand randori) which must demonstrate a knowledge and application of the 17 *junanahon* in combination and as counter technique in its performance.

2nd Dan

Timescale: 2 years consistent practice as 1st Dan.

Tanto Randori no Kata complete (17)
Kihon (basic) Ura Waza complete (10)

Koryu dai San sections total (34): *suwari waza* (4) *hanza handachi waza* (4) *tachi waza* (8) *tanto dori* (8) *tachi dori* (5) *yari dori* (5)
Koryu dai Yon complete (25)

Randori: a minimum of two bouts of *tanto hikitegeiko* & two bouts of *toshu hikitegeiko*.

Requirement:

Two bouts of **tanto hikitegeiko** which must demonstrate knowledge and application of **kaeshi waza** (5 *ate mi waza* counter technique, *shomen-ate*, *aigamae-ate*, *gyakugamae-ate*, *gedan-ate* & *ushiro-ate*) when in the role of **tanto**. **Toshu** must demonstrate the use of combination techniques against **tanto**.

Two bouts of **toshu hikitegeiko** which must demonstrate a knowledge and application of the 17 *junanahon* in combination and as counter technique in its performance.

3rd Dan

Timescale: 3 years consistent practice as 2nd Dan.

Randori no Kata (from *katate dori*/single wrist grasp) complete (17)
Koryu Dai Yon complete (25)
Koryu dai San complete (50) *suwari waza* (4) *hanza handachi waza* (4) *tachi waza* (8) *tanto dori* (8) *tachi dori* (5) *yari dori* (5) *jo no bu* (8) *tachi tai tachi* (8)

Randori: a minimum of two bouts of *tanto hikitegeiko* & two bout of *toshu hikitegeiko*.

Requirement:

Two bouts of **tanto hikitegeiko** which must demonstrate knowledge and application of **kaeshi waza** (5 *ate mi waza* counter technique, *shomen-ate*, *aigamae-ate*, *gyakugamae-ate*, *gedan-ate* & *ushiro-ate*) when in the role of **tanto**. **Toshu** must demonstrate the use of combination techniques against **tanto**.

Two bouts of **toshu hikitegeiko** which must demonstrate a knowledge and application of the 17 *junanahon* in combination and as counter technique in its performance.

Grading Syllabus Alternative Pathways (Modules A & B)

All candidates and examiners must ensure that the Koryu opted for at each grading level for Module A is duly recorded in the candidates record book. Examiners are required to record this information on the grading form of successful candidates sent to the *Qualifications and Standards Officer* (QSO).

4th Dan

Timescale: 4 years consistent practice as 3rd Dan.

Module A

Randori no Kata (tanto or toshu) complete (17)
Koryu dai San complete (50)

Candidates will choose to present one koryu no kata from the following:

Koryu dai Ichi
Koryu dai Ni
Koryu dai Go
Koryu dai Roku

Or:

Module B

Goshin ho: 4th Dan requirement

A. 8 techniques from Tegatana no Kuzushi

Jodan no Kuzushi (Aigamae-Ushiro Ate, Gyakugamae-Ushiro Ate)
Chudan no Kuzushi (Aigamae-Oshi Taoshi, Gyakugamae-Hiki Taoshi)
Gedan no Kuzushi (Aigamae-Kote Gaeshi, Gyakugamae-Kote Gaeshi)
Koho no Kuzushi (Oshi Taoshi, Ushiro Ate)

B. Goshin Ho, Tekubi Dori

Aigamae Katate Dori (Shomen Ate, Gedan Ate)
Gyakugamae Katate Dori (Shomen Ate, Aigamae Ate, Gyakugamae Ate)

C. Goshin Ho, Datotsushu no Waza (against strikes, punches and kicks)

Shomen Uchi (Aigamae Ate, Oshi Taoshi)
Yokomen Uchi (Aigamae Ate, Tenkai Kote Gaeshi)
Shomen Tsuki (Kote Gaeshi)
Mae Geri (Shomen Ate)

*Randori: a minimum of two bouts of *tanto hikitategeiko* & one bout of *toshu hikitategeiko*.*

Requirement:

Two bouts of ***tanto hikitategeiko*** which must demonstrate knowledge and application of ***kaeshi waza*** (5 *ate*mi waza counter technique, *shomen-ate*, *aigamae-ate*, *gyakugamae-ate*, *gedan-ate* & *ushiro-ate*) when in the role of ***tanto***. ***Toshu*** must demonstrate the use of combination techniques against ***tanto***.

Two bouts of ***toshu hikitategeiko*** which must demonstrate a knowledge and application of the 17 *junanahon* in combination and as counter technique in its performance.

5th Dan

Timescale: 5 years consistent practice as 4th Dan.

Module A

Randori no Kata (tanto or toshu) complete (17)
Koryu dai San complete (50)

Candidates will choose to present one koryu no kata from the following, not performed at their previous grading:

Koryu dai Ichi
Koryu dai Ni
Koryu dai Go
Koryu dai Roku

Or:

Module B

Goshin ho: 5th Dan requirement

A. *Goshin Ho, Tekubi Dori*

Aigamae Katate Dori (Oshi Taoshi, Hiki Taoshi, Kote Hineri, Kote Gaeshi, Tenkai Kote Hineri)

Gyakugamae Katate Dori (Hiki Taoshi, Gyakute Dori Kote Hineri Osae, Waki Gatame, Tenkai Kote Gaeshi, Sumi Otoshi)

Katate Ryote Dori (Tentai Oshi Taoshi, Kote Gaeshi)

Zenpo Ryote Dori (Aigamae Ate Omote, Aigamae Ate Ura)

Koho Ryote Dori (Tenkai Ude Hineri Nage, Kote Gaeshi, Tenkai Kote Gaeshi, Tenkai Gyakute Kote Hineri)

Randori: a minimum of two bouts of *tanto hikitategeiko* & one bout of *toshu hikitategeiko*.

Requirement:

Two bouts of ***tanto hikitategeiko*** which must demonstrate knowledge and application of ***kaeshi waza*** (5 *atemi waza* counter technique, *shomen-ate*, *aigamae-ate*, *gyakugamae-ate*, *gedan-ate* & *ushiro-ate*) when in the role of ***tanto***. ***Toshu*** must demonstrate the use of combination techniques against ***tanto***.

One bout of ***toshu hikitategeiko*** which must demonstrate a knowledge and application of the 17 *junanahon* in combination and as counter technique in its performance.

6th Dan

Timescale: 6 years consistent practice as 5th Dan.

Module A

Randori no Kata (tanto or toshu)	complete (17)
Koryu dai San	complete (50)

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Candidates will choose to present one koryu no kata from the following, not performed at their previous grading:

Koryu dai Ichi
Koryu dai Ni
Koryu dai Go
Koryu dai Roku

Or:

Module B

Goshin ho: 6th Dan requirement

A. Goshin Ho, Dogi Dori

Mae Eri Dori (Gyakute Dori Kote Hineri Osae)
 Aigamae Naka Sode Dori (Kote Gaeshi)
 Gyakugamae Naka Sode Dori (Waki Gatame, Gyakute Dori Kote Hineri Osae)
 Ryo Sode Dori (Gedan Ate)
 Juji Jime (Tenkai Kote Hineri)
 Oku Eri Dori (Gyakute Dori Kote Hineri Osae, Kote Gaeshi)
 Kakae Dori (Tenkai Kote Hineri, Gyakute Dori Kote Hineri Osae)

B. Goshin Ho, three methods of balance breaking

Using Datsuryoku:

Aigamae Katate Dori-Aigamae Ate
 Katate Ryote Dori-Tenkai Kote Gaeshi

Using Togatana:

Gyakugamae Katate Dori – Ushiro Ate
 Gyakugamae Katate Dori – Kote Gaeshi (Gyakugamae Gyakute Dori)
 Gyakugamae Katate Dori – Tenkai Kote Hineri
 Zempo Ryote Dori – Hiji Kime Taoshi, Gyakute Dori Kote Hineri Osae, Tenkai Kote Gaeshi

Using Kaiten:

Aigamae Katate Dori – Aigamae Ate (using Jodan no Kuzushi)
 Ryo Sode Dori – Ude Hineri, Ude Gaeshi (using Chudan and Gedan no Kuzushi)

Randori: a minimum of two bouts of *tanto hikitategeiko* & one bout of *toshu hikitategeiko*.
 Requirement:

Two bouts of ***tanto hikitategeiko*** which must demonstrate knowledge and application of ***kaeshi waza*** (5 *ate*mi *waza* counter technique, *shomen-ate*, *aigamae-ate*, *gyakugamae-ate*, *gedan-ate* & *ushiro-ate*) when in the role of ***tanto***. ***Toshu*** must demonstrate the use of combination techniques against ***tanto***.

Two bouts of ***toshu hikitategeiko*** which must demonstrate a knowledge and application of the 17 *junanahon* in combination and as counter technique in its performance.

7th Dan

Timescale: 7 years consistent practice as 6th Dan.

Module A

Randori no Kata (tanto or toshu)	complete (17)
Koryu dai San	complete (50)

Candidates will choose to present one koryu no kata from the following, not performed at their previous grading:

Koryu dai Ichi
 Koryu dai Ni
 Koryu dai Go

Koryu dai Roku

Or:

Module B

7th Dan requirement

- A. Kihon Randori (basic) Kata (17 techniques without tanto)
- B. Kihon (basic) Ura Waza complete (10)
- C. Koryu Goshin no Kata (all 50 techniques)

8th Dan

Timescale: 8 years consistent practice as 7th Dan.

Awarded by the Meritorious and Honorary Awards Committee of the Association.

A candidate at this level is appointed for their recognised high level of technical knowledge and practice, their exceptional record of work for the Association and their superlative conduct as an aikido practitioner.

The candidate at this level has the entitlement to give a demonstration of their aikido before the Meritorious and Honorary Awards Committee of the Association, in confirmation of their acceptance of the award. (The time and venue to be arranged with the recipient).

***Notes:**

Koryu dai San alternatively termed **Goshin no Kata**.

Koryu dai Yon alternatively termed **Nage no Kata**.

Randori no Kata alternatively termed **Junanahon** (basic 17).